

3H Helping Hands for Holidays

3H is a charity which was founded over 35 years ago to enable those less fortunate to have a memorable and fulfilling holiday. With the valued help of grant-giving trusts, businesses and individuals, we are able to subsidise a range of holidays to enable over 600 people each year to get away.

3H have built an enviable reputation over many years for providing subsidised group holidays at well researched venues for the physically disabled and respite for their carers. Where many may think it is just not possible to get away, 3H have a wealth of experience in making it happen, from organising accommodation, transport, activities and, most importantly, care.

Each holiday has two experienced leaders and care is provided by volunteer helpers. There is always either a nurse or access to local medical facilities.

Who to contact

Telephone	Office: 01892 860207 Grant Programme: 01892 860219 (information/answerphone)
E-mail	info@3hfund.org.uk
Website	www.3hfund.org.uk
Notes	Contact form on wesbite.

Where to go

Name	3H Fund Helping Hands for Holidays
Address	B2, Speldhurst Business Park Langton Road Speldhurst Tunbridge Wells Kent
Postcode	TN3 0AQ

Other details

Supporting people with	Has experience or training in the following areas, please contact the provider for more details. Physical Disability
Related Links	https://www.facebook.com/3H-Fund-Helping-Hands-for-Holidays-187004344699604/ https://twitter.com/3hfund www.linkedin.com/company/3h-fund-helping-hands-for-holidays-

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