

# Child and Adolescent Mental Health Learning Disability Service

The Child and Adolescent Mental Health Learning Disability Service provides community based help for children with a learning disability and their families. This includes children living in foster care and adoptive families. The team work with children and their families with the learning disabilities as well as helping families with issues including

- Aggressive behaviour
- Eating problems
- Mental health needs
- Self injury
- Severe / profound learning disability
- Sleep problems
- Those in special education



Additionally, the team also assess and offer treatments for other mental health problems including anxiety, depression, attention deficit hyperactivity disorder (ADHD) and psychosis.

The service works with everyone within the child's network to improve communication, best practice and consistency. The team includes

- Psychologist
- Assistant Psychologist
- Child and Adolescent Psychiatrist
- Clinical Nurse Specialist

Referrals are accepted from:

- GPs
- Health Professionals
- Social Workers
- Teachers
- Youth Workers

## Who to contact

**Telephone** 01234 310800

## Where to go

**Address** Family Consultation Clinic  
24 Grove Place  
Bedford

**Postcode** MK40 3JT

## When is it on?

**Session Information** Monday to Friday  
9.00am to 5.00pm

## Useful Documents

- [Learning Disability Service Leaflet](#)

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