

Guides

Guides is our section for girls aged 10 to 14.

By becoming part of a worldwide community of girls who learn together and share skills and experiences, Guides have the chance to get out there and do something really different.

Members take part in a wide range of exciting activities at their regular meetings, and at special events or holidays. Girls can get involved in anything from adventure sports to performing arts, travel and taking part in community action projects.

Guides work together in small groups or 'Patrols' and, with the support of an adult Leader, choose and run some of the activities themselves using Go for It! resource packs.

The Guide programme is divided into five areas:

discovery of new experiences and challenges

healthy lifestyles

global awareness

skills and relationships

celebrating diversity.

Girls can extend their knowledge and skills by working towards Guide interest badges covering many different hobbies and activities from Film lover to Independent living. They can also gain Challenge badges that recognise their participation in guiding over a period of time. The badges build towards the Baden-Powell Challenge Award, named in honour of the founder of guiding.

For more information or to register to join a unit please visit our website

Who to contact

Telephone	0207 834 6242
E-mail	chq@girlguiding.org.uk
Website	www.girlguiding.org.uk

Where to go

Address	Luton
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Other details

Cost(s)	Contact the provider for cost details
Age Range	From: 10 years old To: 14 years old
Supporting people with	Has experience or training in the following areas, please contact the provider for more details. Language Needs Learning Difficulties Personal Care Learning Disability Visual Impairment Wheelchair Access Tracheotomy ADHD Allergies/Anaphylaxis Autistic Spectrum Conditions Behaviour that challenges Asperger Syndrome Asthma Diabetes Downs Syndrome Cerebral Palsy Communication Difficulties Epilepsy Gastrostomy Dyslexia / Dyspraxia Emotional behaviour difficulties Help with eating and drinking Help with medication Global Development Delay Hearing Impairment
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